Dr. Helbing Allergy & Asthma Associates, Ltd.
Claus K. Helbing, M. D., Ph. D. Svetlana I. Kriegel, M.D.
4534- A John Marr Drive, Annandale, VA 22003, Telephone: (703) 750-9450, Fax: (703) 750-3191
6210 Old Keene Mill Court, Springfield, VA 22152, Telephone: (703) 451-1210, Fax: (703) 451-1625

Patient Name: Date:					
Patient Name: Date: Date of Birth Age: Sex: Ethnicity Occupation: Parent Name (if minor)					
What is your chief complaint or most bothersome symptom(s)?	Does exposure to any of the following aggravate your symptoms?				
What medications have you taken in the past 5 days?	Dust Molds Leaves Cold Air Smoke Storms Cats Dogs Rain Feathers Exercise Cut Grass Other:				
	When visiting or living in other areas, are your symptoms:				
	Better Same Worse Unknown				
Hospital stays? For what?	Medicines that helped you?				
Circle those that apply to you below.	Did not help you?				
Have you ever been diagnosed with any of the following:	Hospitalizations for Chest Symptoms				
Hay Fever Asthma Pneumonia Bronchitis Hives (welts) Eczema Insect Allergy Other (specify)	Have you ever been hospitalized overnight for asthma or any other lung problems? If so, what problem and when?				
Have you ever been on allergy injections? Y N	In the last 12 months have you needed any urgent physician or emergency room care? How many visits? How many days of work or school were missed per year?				
If yes, when? How long? Did they help? Y N					
Who provided the vaccine?	Any Reaction to Foods, Medications or Insects? Please circle:				
Have you had positive skin tests to: Dust Mites Trees Grasses Weeds Molds Cats Dogs	Peanuts Soy Tree Nuts Milk Eggs Wheat Fish Shellfish Seeds Fruits Vegetables Spices Penicillin Aspirin Local Anesthetic Bees Yellow Jackets Wasps Hornets Mosquitoes Ants				
Foods Feathers Other:	Other:				
Circle those that apply:	Symptoms: Local Reaction Itchy Mouth or Lips Hives Wheezing				
NOSE: Itchy Blocked Runny Bleeding Sneezing	Explain:				
EYES: Itchy Watery Swollen Burning Red					
EARS: Itchy Blocked Ringing Pain/Ache Hearing Loss	What are your hobbies?				
<u>SINUSES</u> : Stuffy Headaches Infections Drip & Throat Clearing Cough					
<u>CHEST</u> : Cough/Wheezing Palpitation Tightness Cough with Exercise Chest Colds Cough lying down Breathless Pain					
SKIN: Itchy Dry Hives Eczema Swelling Rashes	Do other exposures (food, medicine) aggravate your symptoms?				
<u>OTHER</u> : Loss of Smell Nasal Polyps Itchy Mouth Itchy Throat Infections					
Please list all current medications:	Do you get rashes from contact with:				
	Poison Ivy Grass Latex/Rubber Mango Plastic Nickel/Metal Adhesive Cosmetics Leather				
	Describe:				

When are your symptoms worst?

Spring Summer Fall Winter Year-Round At Home At Work Both

Past History Did you have any of the following infections: Sinus Ears Throat Chest Bronchitis Pneumonia Bladder Kidneys Skin Yeast Meningitis Other (specify) Patient less than 15 Years Old: Normal____ Other:___ Delivery: Neonatal Problems (example: premature birth)? Feeding Problems? Immunizations - Any unusual problems?_____ What illnesses do you have or have you had? Rheumatic Fever Pneumonia times Emphysema Tuberculosis Diabetes Heart Disease Heart Murmur Glaucoma High Blood Pressure Ulcer Arthritis Unusual Infections Thyroid Disease Kidney Disease Liver Disease Prostate Cancer Other:_ Do you smoke? Y N If yes, circle: Cigarettes Pipe Cigars Chewing Tobacco How many years? how many per day?

explain:	unusual medical problems in the family? If so,
Sons:	Daughters:
Do you have child	dren?
Do you have Brot	thers? Sisters?
If parents died, at	what age? Mother Father
Are your parents	alive? Age: Mother Father
Circle One: Ma	rried Single Divorced
Family History	<u>′</u>
If yes, circle: At	t Home At Work Both Other

	Hay Fever	Asthma 	Eczema 	Hives	Insect Allergy	Drug Allergy	Sinus	Food	Other
Mother									
<u>Father</u>									
Sisters									
Brothers									
<u>Aunts</u>									
<u>Uncles</u>									
Grandmothers									
Grandfathers									
<u>Other</u>									

Environmental Survey

• Where did you grow up?
• Residence (circle those that apply): Urban Suburban Rural
House Townhouse Condominium Mobile Home Apartment Age
Basement Dry Damp Frequent Mildew
Heated and Cooled by (Circle those that apply):
Forced Air Gas Electric Radiators Baseboard Hot Water Heat Pump Central Air Conditioning Attic Fan Window Air Conditioning Window Fan Other: Humidifier De-Humidifier Room Hepa or AirFilter
Smokers in Home: Y N Pets: Cat(s) Dog(s) in bedroom? Y N Indoor Plants: Many Few In Bedroom Unusual or foreign items in house? (Ex., silk)
• Bedroom
Number of beds in patient's room? Waterbed?
Mattress: Inner-spring: Foam Age? Other
Pillow: Foam Synthetic Feather Kapok Other
Blankets or Bedspread: Woolen Synthetic Cotton Age?
Rug: Woolen Synthetic Cotton Age? Other
Curtains: Shades Drapes Shutters Blinds Other
Stuffed Furniture: Stuffed Animals Water Damage
Chemical Exposure at Work or at Home
Trees in your yard: Oak Hickory Maple Other: